

March 2024 Issue 99



Veterans' Support Group ®

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Hello Everyone,

It's been a long time coming, however I feel I can honestly say I'm feeling my seventy one years. Exhaustion seems to be my middle name at the moment. Everything I start, there seems to be a reluctance to complete the job. I think the intense heat of the last few months hasn't helped either. I know we say it every year about our hot summers, but this one has taken the cake. What happened to the "drought" we were going to endure? I can count on one hand the number of fine days we've had since Christmas.

IMDIR'S IRIBIE

Enough of my ravings. The important issue this quarter is the new legislation being proposed by the current government concerning Exposure Draft Legislation. Please read our President, Peter Handy's, report and following two pages of a 319 page government proposal concerning all veterans - past, present serving and future members of our Defence Force. It may not affect you, however it will affect your children and future generations.

Having had many dealings with government departments through Centre Link, Child Welfare and many others the one thing I have learned over the years is this:

If you don't make enquiries, ask for help or keep persisting nothing will happen.

Cheers Narelle.

DISCLAIMER: The material contained in this publication is in the nature of enlightenment for the members. Contributions are acknowledged, with thanks, from Service and Civil publications. The editor expressly disclaims all and any liability to any person, whether an association member or not. Views expressed may not necessarily be those held by the Executive or the members.

PRESIDENT'S REPORT

President's Report VVF Queensland Branch, March 2024

Fellow members,

We are in the process of perusing the many statements received from the Department of Veterans and currently, The Hon Matt Keogh MP, Minister for Veterans' Affairs and Minister for Defence Personnel has released all the available information.

It will take time for us to be ready to give you accurate advice. The Exposure Draft of 319 pages, has been released and members who have the time, resources and knowledge to comprehend the changes are asked to pass on your views and comments to me. All views and comments need to be in writing to me by email <u>president@vvfqld.com</u>. I will also pass them on to our Senior Advocate, Flavia Senter who is the ideal person to quickly acquire a sound understanding and working knowledge of the proposed new legislation.

The proposed new legislation will apply to past serving, current serving and future serving Australian Defence Force veterans for decades to come. Therefore, we need to do our very best to ensure we scrutinize the Exposure Draft Legislation. We must ensure all Australian Defence Force veterans have good access to appropriate compensation and medical treatment for service-related injuries, disabilities, and medical conditions.

I am confident that our senior advocate, Flavia Senter can and will scrutinise the proposed legislation and advise us on all matters of concern and improvements.

I have appended below plus the next two pages, information from the Hon Matt Keogh MP Minister for Veterans Affairs and Minister for Defence Personnel.

Peter Handy JP (Qual) President. 5 March 2024

President's Report Continued......

The Transition to a single Compensation Act for all Australian Defence Force Veterans.

Consultation now open on Veterans' Legislation Reform

Wednesday, 28 February 2024 The Hon Matt Keogh MP

Minister for Veterans' Affairs Minister for Defence Personnel

The Albanese Government has today released exposure draft legislation which will simplify and harmonise the century old veterans' entitlements, compensation and rehabilitation system. The current system is difficult to understand and complex to administer. The Royal Commission into Defence and Veteran Suicide found the system was "so complicated that it adversely affects the mental health of some veterans and can be a contributing factor to suicidality." Following consultation, the draft legislation will simplify the veteran compensation system, with all claims to be considered under a single Act. Under the new system:

All new claims for compensation and rehabilitation from the date of commencement would be assessed under a single Act, an improved Military Rehabilitation and Compensation Act (MRCA)

- The Veterans' Entitlements Act 1986 and the Safety, Rehabilitation and Compensation (Defencerelated Claims) Act 1988 would be closed to new claims following commencement of the new arrangements
- All benefits being received under existing schemes will continue unaffected under grand-parenting arrangements. Any new claims after the commencement date (including claims for worsening of pre-existing conditions) will be assessed under the improved MRCA.

There will also be a number of improvements including:

• introduction of a new Additional Disablement Amount to provide similar benefits as the Extreme Disablement Adjustment for those post retirement age

- making the higher travel allowance under MRCA available to all veterans and for all kilometres travelled
- providing a pathway for veterans only covered by DRCA to qualify for Special Rate Disability Pension and a Gold Card under MRCA if they have a new claim accepted or material deterioration of an accepted condition accepted under MRCA post commencement

increasing the general funeral allowance to \$3,000 with the amount previously set at \$2,000. Today's release of draft legislation follows the Government's earlier consultation on a pathway to simplify the veterans' legislative framework, and provide better support to veterans and their families. Feedback from that consultation has guided the proposed changes announced today. I welcome feedback and submissions from the veteran community and general public on the draft Veterans' Entitlements, Treatment and Support (Simplification and Harmonisation) Bill 2024, submissions close on <u>28 April 2024</u>.

More information on the proposed legislation changes, and opportunities to provide feedback can be found here – www.dva.gov.au/legislationreform.

Veterans' Legislation Reform – Exposure Draft Consultation

Last updated: 26 February 2024

Creating a simpler, easier to use system for the veteran community.

The Government is committed to ensuring that Defence personnel, veterans and their families are well looked after.

Highlighted by the Royal Commission into Defence and Veteran Suicide in its <u>Interim Report</u>, and fully <u>supported by the Government</u>, we are simplifying and harmonising veterans' legislation that governs compensation and rehabilitation, so veterans and their families can more easily get the support they are entitled to.

We want your feedback on the draft Veterans' Entitlements, Treatment and Support (Simplification and Harmonisation) Bill 2024. Here you can review the proposed changes, understand what's different and why, learn how changes may impact you, and of course, get involved and provide feedback.

An <u>information booklet</u> is also available. <u>Submissions can be provided</u> until 28 April 2024.

Draft legislation - what it is and what it will do

Last updated: 27 February 2024

The need for legislation reform

The draft legislation and explanatory documents

Veterans' Entitlements, Treatment and Support (Simplification and Harmonisation) Bill 2024 - Exposure Draft

The Bill contains eight schedules - find out more

Veterans' Entitlements, Treatment and Support (Simplification and Harmonisation) Bill 2024 -

Explanatory Memorandum

Access explanatory documents here

Veterans' legislation is widely acknowledged as being complex and difficult to navigate and calls to simplify the current arrangements are longstanding. The complexity of this current system creates confusion and negatively impacts veterans and their families, advocates, and DVA staff, directly contributing to delays, inconsistent processing and claims backlogs.

This complexity has developed over decades so there are now three different pieces of veterans' entitlements legislation that can apply to a veteran.

Several reports over recent years, including the 2019 Productivity Commission's report 'A Better Way to Support Veterans' highlighted these issues and called for change.

New legislation to benefit veterans

The Government is seeking comments on the draft Veterans' Entitlements, Treatment and Support (Simplification and Harmonisation) Bill 2024 that, if passed by Parliament, would implement a new model of veterans' compensation. The Bill would implement the single Act model proposed in the Veterans' Legislation Reform Consultation Pathway, shaped by the feedback provided by the veteran community in 2023. The core elements of the model are:

Single act – an improved Military Rehabilitation and Compensation Act 2004 (MRCA) where all new claims for

compensation and rehabilitation will be considered under the improved MRCA Closing the Veterans' Entitlements Act 1986 (VEA) and the Safety, Rehabilitation and Compensation (Defence-related claims) Act 1988 (DRCA) to new claims for compensation and rehabilitation, with grandparenting of already approved VEA/DRCA compensation payments.

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Important Notice:

A Special General Meeting of the Vietnam Veterans **Federation of Australia Queensland Branch Inc**

will be held at 11am on Tuesday 26th March 2024 to change our Constitution in relation to Section 12 'Grievance and Dispute Resolution Policy and Procedures' A Lunch for \$5 each will be served at 12 noon.

All are welcome.

The secret to getting ahead is to get started.

Hello team and Happy New year to all of us.

I'm happy to send through the final report on all our wins from 1 July until 31 December 2023.

Altogether we got over **<u>\$11,391,926.79</u>** to our veterans.

We couldn't have achieved that without the amazing work of all our volunteers.

You guys rock!

Kind Regards,

FLAVIA SENTER

Senior Advocate

Veterans' Support Group

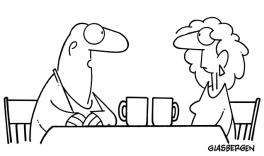
Vietnam Veterans' Federation Queensland Branch Inc.





"Hey, could we have some volunteers to stay and help clean up?"

raen / alasberaen.cor



"I may not be the world's greatest husband, but I'm pretty good for an unpaid volunteer.



"The last thing I remember, I was sitting in a staff meeting. Apparently, I died of boredom."

Noah's Ark was built by volunteers— The Titanic was built by professionals

Australia became a nation in 1901, so was only 14 years old at the time. Private James Martin was also 14, but lied about his age to recruiters. It's said that Australia came of age during the campaign. James died of typhoid that October.

> They put me with the plainclothes unit.



ORDERED

PPE, GEN. 1



"He couldn't get a volunteer from the audience."



This day of days again we keep -In memory of those who sleep Away beyond the quiet sea... Away in far Gallipolli. 'Tis Anzac Day - 'tis Anzac Day.. Our soldier comrades far away, They died in war - that we in peace May live and love that war may cease.

VVFQld Branch "Incoming", March, 2024 Page 7



VIETNAM VETERANS FEDERATION BRISBANE/GOLD COAST REGIONAL SUBBRANCH INC. VETERANS SUPPORT GROUP MEN'S SHED, NERANG. PRESIDENT'S REPORT – MARCH QUARTER 2024





Welcome all to 2024, complete with hot days, humid nights and lots of rain, despite the El-Nino forecast! I only mention this unusual weather, because it has resulted in roaring weed growth and fast-growing lawns. Our lawn and gardening members are really struggling to keep up with

mowing and whipper-snipping, but the war is just about won, thanks to a lot of hot and heavy work, my sincere thanks to those responsible.

It is so easy to get caught up in the day-to-day minutiae of keeping the Men's Shed and sub-branch functioning as it should. Important as that effort is, when you stop for just a few minutes and look at what is happening around the world, it all seemingly pales into insignificance. The nightly news continuously gives us vivid vision of shocking atrocities in so many parts of the world, and it is so easy to get used to seeing such scenes and become somewhat blasé about it all. I constantly thank my lucky stars that we live where we do, in a comparatively safe and comfortable environment.

I find myself also thanking every one of our veterans for their service to our country, as we all should. Their sacrifices have contributed to our current level of lifestyle, and we need to help them in every way we can to make them as well cared for as possible. The work done by our dedicated advocates helps to improve their lot, and that work is ably supported by the fundraising, activities and camaraderie of the sub-branch and Men's Shed. I therefore appeal to our Sub Branch and Shed members to offer their support willingly when we ask for volunteers for our various fundraising and shed maintenance projects. When compared to the efforts and sacrifices of our veterans, it is surely not too much to ask.

Speaking of projects, the 4.3m runabout is very close to completion, thanks to the efforts of Don, Bill and the team. The Honda motor, purchased at nearly half price thanks to Runaway Bay Honda, was given a test run recently while hooked up to water via some "earmuffs". It was easy to start and has a hearty roar but needs the idle speed to be adjusted so it doesn't stall when put in gear. A full sea trial is scheduled for some time in the near future, just to make sure the captain doesn't have to go down with the ship. Now comes the task of achieving a sale, and to this end we are in the process of developing a dedicated website that will promote the sale and provide exposure for our generous sponsors and supporters. If any member can think of someone that would be interested in buying the boat, then please follow that up and let Don or myself know. Click on this link for full boat details https://sites.google.com/view/veteranssmensshedsponsors/home









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Our members will have noticed that the Allsports club opposite our site has finally been demolished. The building has been an eyesore for some years and was being unlawfully used by supposed squatters and the like for

perhaps nefarious purposes. The building had significant asbestos contamination and was a serious fire hazard, so it is good to see it gone, and apparently there won't be a replacement building, as the council is planning to just turf the area.

The future of the Sub Branch and Men's Shed is promising, with some new members joining. In addition, we had an NDIS patient, Matthew, and his carer join our ranks, following an interview with Matthew's parents in order to ascertain whether he would be able to fit into the shed environment, and also to see whether Matthew could see himself in that environment. Matthew has now attended the shed on two occasions and seems very happy to be part of our shed.

Another fundraising venture has had a significant boost since November last year, and that is the addition of wine and spirit bottles to the 10c recycling program. A full ute and trailer load for the recyclers is now made up of approximately ¼ beer and soft drink bottles, ¾ wine and spirit bottles and the usual bags of cans and plastic bottles. I most sincerely thank the recycling team for their untiring efforts.

There is also progress on a long-standing project, that being the 50m retaining wall along the northern boundary of the site. As we have received a new cost estimate for this wall at \$10,300.00, we have submitted a grant application for that amount from the current round of the Gambling Community Benefit Fund. All being well, we should know if we are successful in a couple of months, and then we can give the private contractor the go-ahead to do the job. This wall will not only improve the appearance of that area, but more importantly stabilise the bank and as a bonus, will provide a nice waist height garden

bed for growing fruit and veggies etc.

In closing, I urge all members to continue to come along to the shed and join in on whatever activity grabs your attention, and also to be on the lookout for potential members. In particular, I would ask our veteran members to keep an eye out for any fellow veterans that may have just retired from the armed forces. It is always good to see



some younger veterans from the more recent conflicts considering becoming members, as we will always need the younger generations to continue on the good work when the "more mature" members have to give it away.

Andy Bryson

President VVF Brisbane/Gold Coast Regional Sub Branch Inc.

Veterans' Support Group Men's Shed, Nerang.

<u>Vietnam Veterans Federation Brisbane/Gold Coast Regional Sub Br. Inc.</u> **Notice of <u>Special General Meeting</u>**

A Special General Meeting of the Vietnam Veterans Federation Brisbane/Gold Coast Regional Sub Br. Inc. will be held on **Tuesday**, **26th March 2024** commencing at 10.30am.

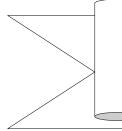
The purpose of this Special General Meeting is to pass by special resolution to amend our constitution to comply with a directive from the Qld. Office of Fair Trading, stating that all Incorporated Associations must have Grievance Procedure paragraphs as written in the Model Rules, included in their constitutions.

Agenda: To amend the Constitution of the Vietnam Veterans Federation Brisbane/Gold Coast Regional Sub Br. Inc. by a Special Resolution, to replace paragraphs 17 – Resolution of Internal Disputes & 18 – Member Complaints, with paragraphs 12A to 12F of the Qld. Office of Fair Trading Model Rules concerning Grievance Procedures, a copy of which are attached with this notice.

The passing of this special resolution shall be by a show of hands of at least ³/₄ of the members present at the meeting. Proxy votes will be accepted, and a Proxy Vote form is also attached with this notice.

Appointment of a Proxy

I (Name of Member appointing a Proxy) \ldots
Of (Address of Member) being a financial member of Vietnam Veterans Federation Brisbane/Gold Coast Regional Sub Branch. Inc.
appoint (Name of Proxy)
of (address of Proxy)
as my proxy to vote for me on my behalf at the Special General Meeting to be held on the 26th March 2024.
Signed/ 2024
NOTE: All Proxy Forms must be given to the Secretary before the start of the meeting.



Padre's Portrait of Life

Conf	lict	resol	ution	through	non	dual	thinking
<u> </u>		1 2001	0001014				0

I'm writing this on 4 February which is the United Nations International Day of Human Fraternity. Earlier today Nobel peace laureate, Timor's President, Jose Ramos Horta, presented a speech in Abu Dhabi, praising the efforts of various political and religious leaders, in promoting peace, through dialogue and respectful listening and understanding, in the Middle East and elsewhere. We certainly could do with improved relations in our wider world.

It's caused me to reflect upon some recent situations in our veteran community in Australia where veteran groups that have started out to be well-meaning have stalled, collapsed or broken apart, due to polarised adversarial disagreement over certain matters. We veterans can be a wonderful force for good in our society, but we are easily triggered into defensive or aggressive responses over particular issues. Social media seems to have heightened the conflict we have in society as people quickly react to a statement by others, with an opposite view that escalates quickly into combat - with neither party perhaps having thought the issue through or clarified the facts. Aside from individual personal relationship issues, there are also a range of "hot topics" like DVA claims, War Crimes, or Israel/Palestine, where any comment by anyone on even a minor aspect, will unleash a storm of vitriol. If you are not wholly supportive of "one side or the other" you can be excommunicated from belonging to the "real" veterans camp.

Much of my time as a chaplain has been spent mediating between warring individuals or factions, in an effort to find harmonious solutions to problems, and where possible, achieve reconciliation and forgiveness between individuals, so that they can get back together, and achieve what they need. But it's not easy once people lock themselves into defensive adversarial postures.

I got new insight into this space, in reading some reflections by Franciscan Father Richard Rohr, who promotes a concept called "*non-dual thinking*". (Google that term and find a plethora of wisdom) Richard describes non dual thinking as our ability to interpret situations in a way that is not judgemental and not polarised. It is fascinating that we veterans seem to be predisposed to "*dual thinking*" - meaning that any issue has only two positions - to be either or good or bad, right or wrong, black or white. We can observe reality from the perspective of polar opposites. Perhaps it was something in our military conditioning, in being constantly on alert to danger, but I too, can easily slip into this dualism, when I see issues as "*either this or that*". We can miss all the shades of grey in between, be blinded to goodness and badness in every group, and our relationships can suffer because we become stuck in a defending of a particular position. If our relations are based on this polarised thinking, it's no wonder that we can feel separated and isolated, even from the persons that we otherwise seek to love and work together with.

The frequent reality is that things are not always exactly as they initially seem to be, or may have been reported to us in the media or by other parties. A non-dual approach to dealing with issues would see us withhold judgement and action on an issue, until we were able to establish more thoroughly the facts and consider a range of alternative positions.

Human dynamics are fascinating and yet fraught with potential for conflict and even destruction of the good intentions that people have started out with. It is important to always keep coming back to the purpose or objectives which we are seeking to achieve with our group, before we fall into the trap of dogmatically wanting to do things "my way" as opposed to "other's ways", or <u>other ways.</u>

Invariably a dialogued solution - a third way - may be better than our initial considerations.

I was recently attacked by a veteran when I raised concerns about the thousands of children dying and wounded in Gaza from massive bombing and artillery strikes. He considered that all Palestinians deserved whatever happened to them, following the Hamas attack. He was a stalwart Israeli military supporter, and I had now also become his enemy. I tried to tell him I neither supported the Hamas nor Israeli prosecution of the conflict. I supported justice, civility, human decency, international law and had a deep desire for peace. Adversarial polarised attitudes were actually making the situation worse for everyone. Every event, every case, every issue, needs to be examined on the facts, humane values, and reasonable behaviours.

Whilst the mortal conflict was half a world away, a bizarre replication of it was now occurring between two veterans in Australia. I will still seek reconciliation with this person, but communication and resolution is difficult when a dualistic mindset prevails.

I have learned much from Jose Ramos Horta, and the Timorese people, from the way they have chosen to

forgive and reconcile with their neighbours, despite a history of suffering and oppression. For them the non dual path is a spiritual imperative, as much as a practical one. They simply follow Jesus edict - Love your neighbour!

My hope and prayer is that we in the veteran community can guard against lapsing into dualistic polarised positions and that we too can love our neighbours, and make positive contributions to improving humanity through fraternity.

--Kind regards

Your Padre

Gary Stone OAM



There are two types of people who will tell you that you cannot make a difference in this world: Those who are afraid to try And those who are afraid you will succeed



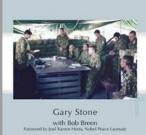
Moses' first and last day as a lifeguard.

Gary Stone's Book - **Duntroon to Dili** Available at Thriftbooks Australia ISBN: **0992530113** ISBN13: **9780992530112**

Duntroon

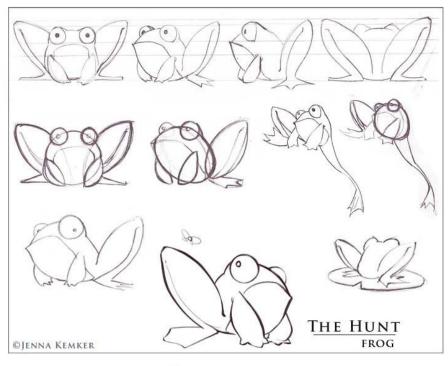
Mayhem and Miracles Traumatic Stress and Trust in God

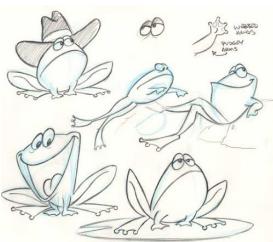
Deacon Gary Stone served for 48 years in the Australian Defence Force as a Peacemaker and as a Chaplain. He was involved in 7 different conflicts. He is a graduate of : The Royal Military College, Australian Command and Staff College, The Australian War College, and has a Batchelor of Theology and Graduate Diploma of Ministry. He was awarded an Order of Australia Medal for his humanitarian ministry in Timor Lest and in healing and rehabilitating wounded, ill and injured veterans in Australia.





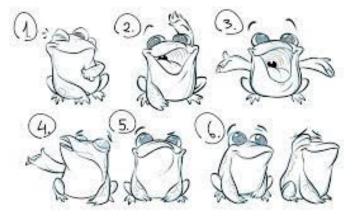
Stage 4 of our artistic endeavours. HOW TO DRAW a FROG





DrawingTeachers.com, Artist Tim Hodge





Follow these simple drawings and create your own masterpiece. Try some other styles by making different poses or expressions. Experiment and have fun. Full colour lessons on "PATREON drawing tutorials."

CREAMY CHICKEN, BACON AND CAULIFLOWER Ingredients: 1 tblsp olive oil BAKE

1 tblsp olive oil 10g butter 1 small cauliflower, cut into florets 2 rashers of bacon, chopped 1 bunch English spinach, chopped 1/2 cup pouring cream 2 tblspns fresh thyme leaves 2 green shallots, sliced 500g chicken thigh fillets, trimmed 1/2 cup 3 cheese mix



Method:

Preheat oven to 200c/180c fan forced. Lightly grease a 2 litre oven dish.

Heat oil and butter in large frying pan over medium heat until butter foams.

Add the cauliflower and bacon.

Cook, stirring occasionally 8-10 mins. till golden brown.

Add spinach to pan. Cook, stirring for 2 mins until wilted. Remove from heat and add cream, thyme and half the shallots.

Stir to combine. Transfer to the prepared dish.

Wipe the pan clean and spray with oil. Add the chicken to the pan and cook for 2 mins. each side or till golden. Place on top of the cauliflower mixture.

Sprinkle cheese around the chicken. Bake for 20-25 mins. Or until golden. Stand for 5 minutes before serving topped with remaining shallots.

If you are working on something that you really care about, you don't have to be pushed. The vision pulls you.



WHAT TH'

A trap door with silken hinges might sound like something out of a fairy tale, but it's actually something that comes out of some spiders — and there's a new species to add to the list. Researchers in Australia discovered a rare, giant species of trapdoor spider found only in Central Queensland.

Its name, *Euoplos dignitas*, comes from the Latin word meaning dignity or greatness, "reflecting the impressive size and nature of the spider," the Queensland Museum said in



a statement.

The Big Lobster: Kingston SE,

SA In early 2017, Larry the Lobster went under the knife – it seems even insentient beings feel the pressure to look their best on social media. He got the full gamut, including a thorough scrub, a new set of feelers and structural repairs. Even if you haven't been to the Limestone Coast, there's a chance you've heard of the four-tonne shellfish, as comedians Hamish Blake and Andy Lee

attempted to help fund a refurbishment with their #PinchAMate campaign in 2016. A trip to see Larry is all about the photograph – he is, after all, one of the country's biggest big things.



The Big Prawn: Ballina, NSW

It was once possible to get a prawn's-eye view of this northern NSW town thanks to a spiral staircase inside the concrete crustacean, which led curious tourists into its black beady oculus. The staircase was closed as the years went on and in 2013 the faded pink shellfish was moved from its original spot, above a cafeteria, to the front of a Bunnings store. Journalist Robin Osborne, who's written two books about the prawn,

laments the loss of the stairs because the experience isn't as interactive as it once was. But with the move, The Big Prawn scored a \$400,000 makeover, including a fresh coat of paint and, for the first time, a proper tail. It's a tribute to the region's thriving seafood industry and will, hopefully, stand guard for decades to come.

The difference between a stumbling block and a stepping stone is how high you raise your foot.



Think Trailer, Think Swiftco

11 Precision Dr, Molendinar QLD - (07) 5618 8118 - Hours and services may vary

To our Veterans and their families As we stand apart We stand together in Spirit To honour service To recognise sacrifices To thank you for our freedom

Koala Cupcakes



12 cupcakes in your favourite recipe
12 white marshmallows halved
12 pink marshmallows halved
1/4 cup desiccated coconut
24 brown m&ms
12 Cadbury Clinkers
Tint made-up icing with black food colouring.
Roll white marshmallow halves flat to make them bigger
Spread some of the icing to cover marshmallows.
Sprinkle coconut and top each with a pink marshmallow half.
Cut side down. Secure with a little icing.
Position marshmallow ears on cupcakes. Decorate faces with
m&ms for eyes and clinkers for noses. Serve.
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Poets' Corner

When you're down at the RSL - You've ordered up your roast,
The sun is going down and they're playing the Last Post
As you're standing there reflectively, waiting for your lamb
Just give a moment's thought to the lads from Vietnam.
There's a million words 'been written, in song and poetry
About the Coo March, and the boys of Gallipoli,
Villers-Bretonneux, Normandy and the Somme
Every man a hero on the day we brought them home.

This was not the same for the lads that fought Long Tan They endured the agent orange and battled at Khe Sanh. Death, a silent whisper, behind every jungle tree Yet no support fortheoming from the homeland of the free. Sure, the boys received their letters, from the ones they dearly loved Hoping to see them all again with guidance from above They fought to the death, not even counting the cost But a nation doesn't celebrate a war that they have lost.

So our boys came home to ridicule, indifference and spite Yet, they'd weathered more than ten long years of conflict and fire fight. So our boys came home to be forgotten and to be chastised It took another twenty years before they realised These men were unsung heroes and deserved their place beside All our other ANZACs who had served, fought and died So when they play the last post and your waiting for your lamb Just give a special thought to the boys who fought in 'Nam.

By Keith Brown.

For Every Drop Shed in Anguish

by Alex Seton Photo: Mark Pokorny



The Australian War Memorial hosted a dedication ceremony for a "meaningful" contemporary artwork 'For Every Drop Shed in Anguish' on Thursday 22 February 2024.

The Memorial commissioned the artwork in

consultation with veterans and their families who have experienced or witnessed service-related trauma.

The sculpture by Alex Seton is made up of 18 unique droplets of marble, some weighing up to 3,000 kgs, which represent the blood sweat and tears shed by those affected by their service and their families.

The Director of the Australian War Memorial, Matt Anderson, said, "Since its inception, the Australian War Memorial has been a place to honour and remember those who died in war or on operational service.

"This meaningful sculpture is hoped to provide a physical space and place to recognise those lives that have been impacted by military service." The Memorial's Project Manager and Senior Curator of Art, Anthea Gunn, said the artwork captures the complexities of suffering. "This is a different way of recognising the true cost of service," Dr Gunn said. "Instead of a traditional heroic sculpture, this is a contemporary, abstract work (or installation) that creates a place for people to engage through art with the lived experience of service." Ben Farinazzo, who suffered as result of his service in East Timor, was part of the stakeholder committee advising the Australian War Memorial during this project.

"This sculpture honours the strength of our veteran community, while acknowledging those who have suffered physical and psychological wounds, and sadly those who have taken their own lives as a result of service," he said.

Book Review

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The Lost Boys Hardcover –

by Paul Byrnes (Author)

In the First World War of 1914-1918, thousands of boys across Australia and New Zealand lied about their age, forged a parent's signature and left to fight on the other side of the world. Though some were as young as thirteen, they soon found they could die as well as any man. Like Peter Pan's lost boys, they have remained forever young. These are their stories.

This extraordinary book captures the incredible and previously untold stories of forty Anzac boys who fought in the First World War, from Gallipoli to the Armistice. Featuring haunting images of the boys taken at training camps and behind the lines, these tales are both heartbreaking and rousing, full of daring, ingenuity, recklessness, random horror and capricious luck.

A unique perspective on the First World War, THE LOST BOYS is military history made deeply personal, a powerful homage to youthful bravery and a poignant reminder of the sacrifice of war.

The War Bride By Pamela Hart Little, Brown Book Group, 22 Mar 2016 - Fiction - 320 pages



January, 1920. Young Englishwoman Margaret Dalton is full of excitement as she arrives in Sydney to begin a new life in the warm, golden land of Australia. She leaves behind the horrors of WWI and can't wait to see her husband, Frank, after two years of separation.

But when Margaret's ship docks, Frank isn't there to greet her and Margaret is informed that he already has a wife . . .

Devastated, Margaret must make a new life for herself in this strange city, but she soon falls in love with its vibrant harbour, sweeping ocean and clean sea breezes. A growing friendship with army sergeant Tom McBride gives her a steady person to rely on. But just as Margaret and Tom begin to grow closer, news arrives that Frank may not have abandoned her. Will Margaret's life be thrown upside down once again? And where should her loyalties lie: with the old life or with the new?

Inspired by the true stories of war wives who arrived in Australia, THE WAR BRIDE is a gorgeously romantic, inspiring story of love and forgiveness, of healing hurts past, and of making a new home for yourself on the other side of the world, by the author of THE SOLDIER'S WIFE.

SOBER		ROACH		
	Can you		Can you	Word ladder
	turn		turn	rules.
	SOBER		ROACH	You can only change
	into		Into	one letter at a time
	RITES		BINGE	for each move
	in 10		in 10	down the ladder.
RITES	moves	BINGE	moves?	No foreign words.

Important Phone Numbers

Department of Veterans' Affairs 1800 555254 regional 133254 local generalenquiries@dva.gov.au Get started www.dva.gov.au Defence Service Homes Insurance Scheme 1300 552 662	Open Arms Veterans and Counselling Service. Ph. 1800 011 046 Veterans and Veterans families Counselling Services www.vvcs.gov.au Voluntary Work Scheme www.dva.gov.au Fact sheet MC36
VAN Robina Department of Human Services Level 5 Robina Town centre 19-33 Robina Town Centre Dr, Robina. 07 55832023	VAN Tweed Heads Department of Human Services 100 Blundell Boulevard Tweed Heads South 07 55697525
VAN (Veterans' Access Network) 133 254 www.dva.gov.au Veterans' Home Maintenance Line 1800 80 1945	War Widows' Guild of Australia (Qld) Inc. Ph. 32 211391 Toll free : 1800 061945

POLLYANNA - THE SUBMARINE REINDEER

National Maritime History In 1941 recorded that a reindeer joined the 56-member crew of the HMS Trident, a British submarine.

The story goes that the reindeer, named Pollyanna, was gifted to the British crew by a Soviet naval captain, while fighting German forces, in the Arctic Circle. After the British captain spoke about his wife having trouble pushing her stroller through the snow in



England, the Soviet captain presented the reindeer as a solution, reports BBC.

Instead of refusing the gift, the British captain took the reindeer onto the submarine where she lived with the crew for six weeks. To get Pollyanna into the sub, the crew had to lower her through a torpedo tube. Once inside, the crew attempted to get her to sleep in the food and torpedo store area. Instead, she opted to sleep under the captain's bed.

According to BBC, the Soviets also provided the British a

barrel of moss to feed Pollyanna. However, after the moss ran out, the reindeer took a liking to condensed milk and scraps from the galley. She even ate a navigation chart on one occasion.

After six weeks of patrols off Norway, HMS Trident docked in Blyth and all was well. However, when it came time to leave, it became obvious that there was a problem. After all the condensed milk and scraps (and navigation charts) Pollyanna had put on a lot of weight. Once the crew made it back to England, the crew had to use a winch to wiggle her out of the top hatch, but it was a success and there we have it... Pollyanna set her hooves down on U.K. soil after six weeks at sea. The captain decided that instead of giving Pollyanna the role of his wife's 'chief pram puller', she would instead be gifted to London



Zoo where she reportedly became a firm favourite with both staff and visitors. Pollyanna lived for a further five years and in a touching case of fate, both Pollyanna and HMS Trident met their ends within the same year of 1947, when HMS Trident was decommissioned and

scrapped. It was said that Pollyanna never forgot her submariner nature and whenever a siren, bell or tannoy was sounded at London Zoo, Pollyanna would lower her head, much like she would have done when the HMS Trident dived.



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в													
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Ι													
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-	21	13	2	22	1			13	16		26	16	1
G					14	1	10	16	_	11		26	
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N	6		1		25	8	10	4		13	11		1
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 \mathbf{R}

The letters have been replaced by numbers. Each number represents a different letter. I have given you 2 letters to get you started. Think about the most used letters and how many of any one number there is in the grid. Have fun. When you have solved the main puzzle see the Extra clues (3) above right. *Solution P. 30*

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С С \// R E ┝ 0 S S R S Word Maker : \mathbf{W} How many words, 3 letters 0 or more, can you make. Word maker: \mathbf{R} Slang For Corporal D CROSSWORD # 34: extras 1. WW1 site . 2. A symbol of commemoration 3. There is one word that is not a real word 20 22 8 10 18 1 25 11

19 25 1 8 6 23 11

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Difficulty: Hard

Give yourself an even greater challenge than the one you are trying to master and you will develop the powers necessary to overcome the original difficulty.

Difficulty: Medium



PRIVATE JAMES MARTIN



James Charles Martin (3 January 1901 – 25 October 1915) was the **youngest Australian known to have died in World War I**. He was only 14 years and nine months old when he succumbed to typhoid during the Gallipoli campaign. He was one of 20 Australian soldiers under the age of 18 known to have died in World War I.

James Charles Martin was born at Tocumwal, New South Wales, on 3 January 1901. Keen for all things military, Jim joined the cadets at school and the year after leaving school he took up work as a farm hand. In 1915, Martin was eager to enlist with the Australian Imperial Force. His father had previously been rejected from service and Jim, the only male child of his family, was keen to serve in place of his father. Anyone under the age of 21 required written parental permission to enlist, and

although Martin looked old for his age and his voice had broken he could not pass for a 21-year-old.

When Jim threatened to run away, join under another name and not to write to her if he succeeded in being deployed, his mother reluctantly gave her written permission for him to enlist. Martin succeeded in enlisting at the age of 14 years and 3 months, almost 4 years under the minimum age. After training for several months at Broadmeadows Camp, he departed with the 21st Infantry Battalion from Melbourne aboard HMAT Berrima on 28 June 1915.

From Egypt Martin and the other reinforcements of the 21st Battalion were deployed to Gallipoli. Their transport ship was torpedoed en route by a German submarine and Martin and several others spent hours in the water before being rescued. Martin eventually landed on Gallipoli in the early hours of 7 September and took up position near Wire Gully. In the following few months casualties from enemy action were slight, but the front-line work, short rations, sickness, flies, lice, and mosquitoes took their toll on the unit. Martin sent several letters to his parents from Gallipoli. In late October he contracted typhoid fever and was evacuated to hospital ship HMHS Glenart Castle on 25 October 1915. By this time he had lost half his weight and was in a bad state. Despite the best efforts of the medical staff aboard, in particular that of Matron Frances Hope Logie Reddoch, Martin died of heart failure just under two hours later. He was three months short of his 15th birthday. Martin was buried at sea and is commemorated on the Lone Pine Memorial on Gallipoli. The day after his death, Matron Reddoch wrote a heartfelt letter to Martin's mother back in Australia about her young son.

While he may not have been the youngest Australian to serve during the First World War, James Martin is considered the youngest to have died on active service.

Honours and awards

Martin was awarded the **1914–15 Star**, the **British War Medal**, and the **Victory Medal**. His name is recorded on the Australian memorial at Lone Pine and on the Australian War Memorial roll of honour in Canberra.

our history



Jean Berthe as young boy, dressed in a specially-tailored Australian military uniform, circa 1918.(*Supplied: Sandra Hargreaves*)

In March 1918 on a French battlefield somewhere east of Amiens, Australian troops encountered a young French boy kneeling over a family member killed by shellfire. Heavy shelling from the retreating German artillery had laid waste to the nearby village and pulverised the landscape, and the boy had shrapnel wounds to his legs. He gave his name as Jean Berthe and said he was an orphan.

The Australians gave him medical attention and when the Third Australian Pioneer battalion moved on, he went with them. And so began a remarkable and enduring wartime mystery. Initially, the boy was a camp follower running errands in exchange for food, but the troops soon became fond of him and made him an unofficial mascot. They even had an

Australian uniform tailored to suit his small frame. With the Armistice on November 11, 1918, troops relished the prospect of returning to Australia. One of them, a fisherman from Paynesville in eastern Victoria named Private Bob Simpson, also longed for home, but he couldn't countenance the thought of abandoning the orphaned boy to the chaos and further deprivation of war-torn France.

Author Sandra Hargreaves has spent the past few years piecing together Berthe's fragmented life. I think [Simpson] was the one who instigated smuggling him back to Australia," she said. It is possible that he was also smuggled aboard departing troopships from France to England and then on to Australia in a large blanket roll. Another account mentions he was hidden from authorities behind a wall of soldiers' kit bags. Berthe later stated that, dressed in his khaki uniform and presumably blending in with the disembarking troops, he simply marched down the gangplank unnoticed at Port Melbourne in June 1919.



Jean Berthe (right) as a young man in his football uniform in Paynesville, Victoria. Date unknown.(*Supplied: Sandra Hargreaves*)



Author Sandra Hargreaves has spent years researching Jean Berthe's mysterious life.(*ABC News: Tim Lee*)

Throw me to the wolves and I will return leading the pack.

Orphaned boy kept a town secret

Ms Hargreaves learnt of Berthe's story while researching the lives of local men who enlisted from the Paynesville area. The story of the smuggled French orphan boy was familiar to older locals, but it was virtually unknown beyond the town. For most of its history Paynesville was a quiet coastal fishing village, and Simpson and Berthe had good reason to keep their story under the radar of officialdom. At war's end, Army regulations expressly forbid troops bringing civilians, no matter their plight, into Australia. Simpson never detailed how he got the orphan boy into Australia, however, there was talk humanitarian spirit won out. "The story goes that he was smuggled on, and the commanding officer of the ship found him and turned a blind eye," Ms Hargreaves said. Simpson, a commercial fisherman on the Gippsland Lakes, already had six children. Berthe joined the family and took up fishing — he even played Australian rules football and won a trophy for best player. In time, he lost any trace of a French accent and forgot his mother tongue. He married a local woman in 1943 and the couple ventured up and down the east coast chasing fish. Berthe is remembered as a man of exceedingly few words, and never mentioned who his parents were or the circumstances of his discovery by the Australians in 1918.

A father figure to those in need

Berthe's illegal entry to Australia in 1919 left him in limbo as a non-citizen. Despite concerted efforts over several decades to be naturalized, his attempts seemed to have stalled in federal bureaucracy. He tried to enlist in World War II, but was rejected when his French origins were discovered. The Army medical did however give credence to the story of him being wounded as a boy, when the doctor found extensive scarring on his ankles consistent with shrapnel wounds. Jean and Janet Berthe had no children, but Jean was very community-minded, growing vegetables and distributing fish to needy families. To Leigh Robinson, now 88, he was like a father figure. "Dad got killed in 1941," Mr Robinson said.

"I was 11. There was no widow's pension in those days. Berthe was just a loving, caring, quiet man. I've never known a man as quiet in my life." Berthe died in 1974, seemingly taking many secrets to his grave. His wife survived him by a decade, but if she knew more of her husband's childhood story, she never revealed it to anyone. Locals knew of Berthe as 'Jeannie the Frenchman'. Ms Hargreaves has written and published a book, 'Jean Berthe — The Quiet Frenchman' to mark the Centenary of the Armistice. The book details how at least two other orphans were brought back to Australia from the Western Front by Australian troops at the end of World War I. The war left an estimated 900,000 orphans in France alone. Ms Hargreaves believes there must be other traces of this mysterious man that have yet to come to light. She has vowed to keep searching. "Maybe someone will uncover something one day," she said. Then again, we may never know.



Janet and Jean Berthe walk together, circa early 1950s.(Supplied: Sandra Hargreaves)

Holidays for Veterans Holiday Centres *at a reasonable price*

Navy Canteens operates holiday centres across Australia with great discounts for Navy members. Destinations include Amblin Holiday Park (WA), BIG4 Bungalow Park on Burrill Lake (NSW), Forster Holiday Village (NSW) and Pandanus Pocket Villa (NSW). A great range of discounted holiday options across Australia and overseas are also available to all Australian Navy, Army, Air Force and Defence APS personnel.

WELCOME TO ST GEORGE'S DEFENCE HOLIDAY SUITES

St George's Defence Holiday Suites at The Garland are for Service and ex Service Personnel, their Spouse and dependent school age children. St George's Defence Holiday Suites are operated by the Service Personnel Anglican Help Society Inc, an independent and charitable organisation. Prior to accepting a



AIR FORCE

booking we require a copy of your Service ID or Discharge Certificate to verify your eligibility to stay at St George's.

St George's is for Only Military people - Exclusive for Military. Website: stgeorges.net.au

The Garland Building incorporating St George's Defence Holiday Suites opened in December 2016. The holiday Suites are located on the first 3 Levels with a BBQ and large Community area located on the 1st Level.

The Garland Apartments are located 4th floor and above and are for all holiday families and is not part of the St George's Defence Holiday Suites and doesn't offer the St Georges discounted rates for Defence Families. Situated in Coolangatta Qld.



St George's Defence Holiday Suites incorporating The Garland Luxury Apartments

192 Marine Parade, Rainbow Bay, Coolangatta, Gold Coast Area Queensland 4225

42 for 42

In 2016, four Afghanistan combat veterans founded the non-profit organization 42 for 42 to raise funds to build a Memorial Garden in Brisbane that would honour their fallen mates and educate the public about why the war occurred.

17th February, 2021

An important aspect was to represent the unknown soldiers who were losing their battle back home and falling victim to suicide.

Having had struggles returning home themselves, this was and is an issue that is close to their hearts. Every deployment sent to Afghanistan faced different circumstances and had different outcomes. It's important that we don't forget that this was Australia's longest war and a war on terror, which has shaken the world. The Afghanistan War Memorial Garden will be built as a storyline around each deployment, incorporating our fallen soldiers and our Victoria Cross winners.

After WWI, Australian soldiers came together and built the Great Ocean Road in Victoria. This was a source of inspiration when establishing a plan for The Afghanistan War Memorial Garden in Brisbane. It has always been the main project of the 42 for 42, and has been a collaboration of many veterans, their families and proud Australians coming together to do their bit. It will continue to serve as a place to remember and honour all the deployments to Afghanistan and educate the next generations to come.

42 for 42 began with a 42-hour challenge, in which Afghanistan veteran Sean Mulqueen walked the concourse and stairs of Suncorp Stadium for 42 hours straight carrying 42 kilos in a military pack. As each hour passed, a kilo was removed from the pack by members of the 42 - families of the fallen, veterans and supporters of the 42. It represented lightening the load for soldiers.

This led to the annual 42 hour challenge at Suncorp Stadium every November for anyone to participate in. 42 represents the 41 soldiers Australia lost in Afghanistan, with the 42nd being the soldiers we have lost to suicide and those wo are still struggling with their wounds and injuries post-war.

The team quickly expanded as the 42 for 42 are dedicated to supporting the families of fallen Afghanistan soldiers as well as combat veterans who have returned from active duty in Afghanistan, and their families. The 42 for 42 members have worked hard to maintain a positive environment, where veterans and families can join, participate and contribute to the organization as they wish. It supports the Afghanistan veteran community by helping acknowledge, establish, and increase awareness of events, groups, support programs, job help and financial assistance when required.

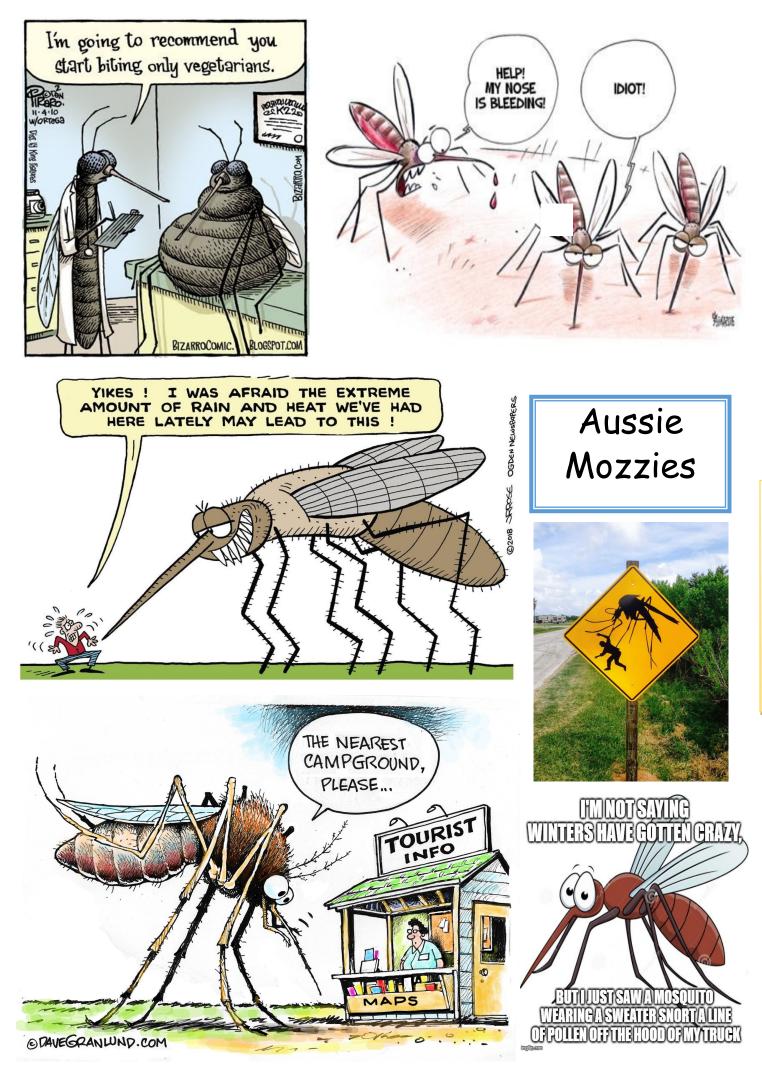
Please feel free to contact the 42 for 42 through their website:

https://www.42for42.org.au/

or follow them on social media and watch how the memorial will come to life.

By Sean Mulqueen, co-founder and President





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WORD SEARCH : ANZAC

This one will get your brain boxes working. Read all the instructions below.

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ALONE

FLANDERS

GALLIPOLI

HONOUR

HORROR

LANDING

LAST POST

KHAKI

LEADS

LIGHTS

LIST

LOST

LOUSE

MAJOR

FRIGATE

HEAD

HEAT

MATESHIP MEDALS MEMORIAL MIST NEW ZEALAND NOON NURSE ODE PARADE PASS POPPIES LEST WE FORGET PRIDE POMMIES **PRE-DAWN** RAID REMEMBRANCE RETURN

RSL SHIP SHIRT SILENCE SLOUCH HAT SOLDIERS SPIRIT TOBRUK TORCHES TRENCH TURKS UNIFORM WAR WAVE WREATHS UNIFORMS

A G 2. one letter is a number Answer Page 30

If you are going through hell keep going

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The RAAF Welfare Recreation Company Charter is articulate through its Aim, Mission and Corporate Goals: Aim

To provide access to discounted recreational accommodation and to manage and promote RWRC owned recreational facilities for RAAF members, their families and other eligible persons, and to provide financial support to, and assist in the provision of, recreational amenities and services to RAAF members.

Mission

To manage the activities of the RCWTF as a sustainable entity through a strategy of diversification and with broad long term vision in order to optimise the benefits to eligible persons in the provision of discounted recreational accommodation and welfare recreational amenities.

Corporate Goals

Objective 1 – Recreational Facilities

To provide access to discounted high quality recreational accommodation and facilities for members of the RAAF, their families, and other eligible persons through the provision of the RCWTF owned

or leased holiday apartments, joint commercial ventures with other corporate bodies or promoting the use of other Service owned facilities. The recreational facilities may be owned solely by the Trust, owned by virtue of a joint venture, or by economically viable short or long term leasing arrangements.

Objective 2 – Recreational Amenities and Welfare Activities.

To provide financial assistance via loans and grants in the provision of recreational amenities and Service recognised welfare activities.

Objective 3 – Mutual Cooperation and Marketing.

To foster relations with the providers of Navy, Army and other Allied nations in order that RAAF personnel and other eligible persons can access their similar amenity benefits. To promote, in accordance with the RWRC marketing plan, RCWTF holiday facilities, other affiliated recreational accommodation, and other welfare amenity benefits available to eligible persons.

raafholidays.com.au/about/charter

Enthusiasm is excitement with inspiration, motivation, and a pinch of creativity.



Puzzle solutions

Number Crossword Puzzle Solution

Page 22 - 1=E; 2=G; 3=O; 4=K; 5=Q; 6=T; 7=C; 8=A; 9=J; 10=N; 11=S; 12=Y; 13=U; 14=M; 15=X; 16=I; 17=V; 18=D; 19=W; 20=F; 21=B; 22=L; 23=H; 24=Z; 25=R; 26=P. SECRET WORDS/TERMS: CROSSWORD PUZZLE PAGE 21 1. Flanders, 2. Wreaths, 3. incorrect word UI

Solution to Sudoku puzzle Page 21

8	1	7	9	4	6	3	5	2
5	4	9	3	2	7	1	6	8
2	3	6	8	1	5	9	4	7
9	5	1	6	7	8	4	2	3
4	8	3	2	9	1	6	7	5
6	7	2	4	5	3	8	1	9
7	6	4	5	8	9	2	3	1
3	9	5	1	6	2	7	8	4
1	2	8	7	3	4	5	9	6

Word search p.28 Military term: 1. We will remember 2. 10d 13ac 1 instead of I.

SOBER	ROACH
SORER	POACH
BORER	PEACH
BORED	PEACE
BARED	PENCE
DARED	WENCE
DATED	WINCE
RATED	SINCE
RATES	SINGE
RITES	BINGE

Word Ladder solutions from P.19

Word Maker Solution P 21:

How many words of 3 letters or more that you may find is anyone's guess. **Cell, clue, crew, cruel, cull, culler, cure, curse, fell, flew, flue, full,**

fuller, lure, rule, ruse, screw, self, sell, slew, swell, sure, well,

I found 23 words - how many more are there?

2	5	7	6	3	8	4	1	9	Ĺ
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4	1	9	7	2	5	6	3	8	
7	4	3	8	6	1	2	9	5	
1	9	2	5	7	4	8	6	3	
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3	2	1	9	5	6	7	8	4	
9	8	4	2	1	7	3	5	6	
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The Aussie

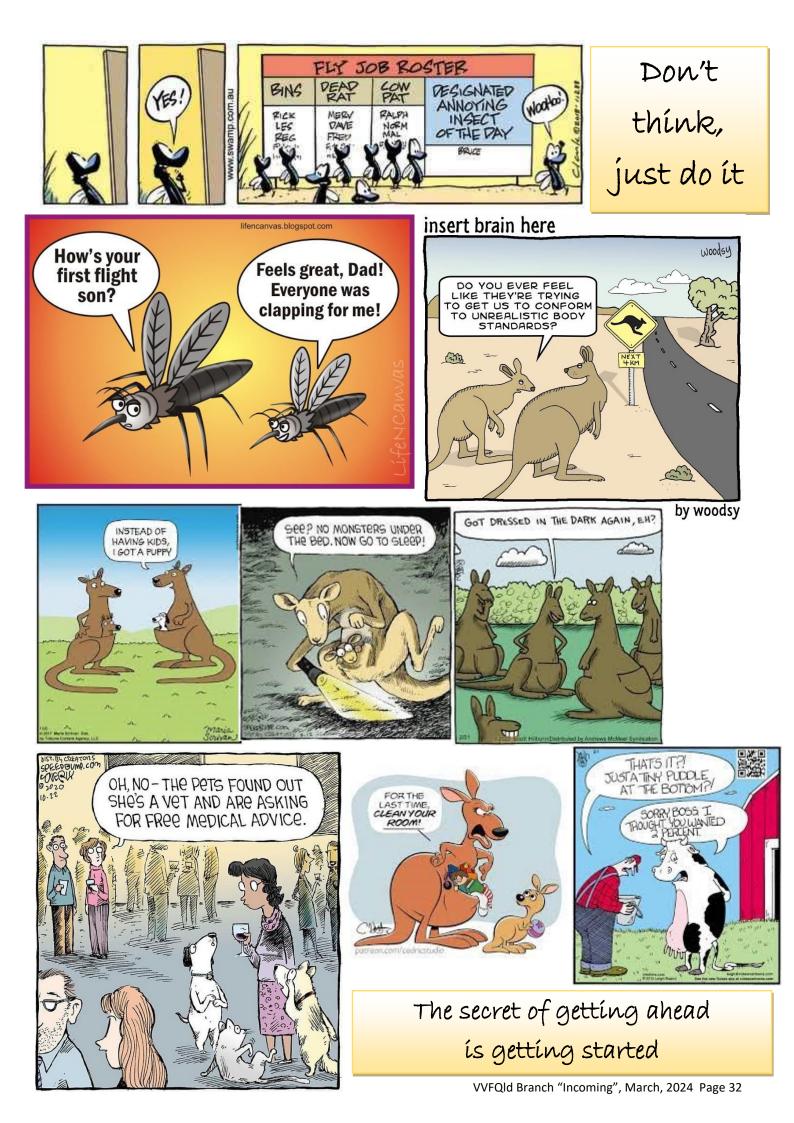
mozzie



"I'M STANDING OUT IN THE WOODS AND I DON'T SEE THE BIG MOSQUITO PROBLEM EVERY ONE IS TALKING ABOUT?"-CARL'S LAST FACEBOOK POST (EVER)

Instead of cleaning I just watch an episode of Hoarders and think "Wow, my house looks great"

I LANDED ON A RUSSIAN ATHLETE AND THE NEXT THING I KNOWL



Surname:	w Applications (Section A)
	Given Names:
Address:	
	Phone:
^l artners can join as full members at \$30 a Partner's Details	also: Please complete partner's details on next line if required.
Surname:	Given Names:
mail: (only if you use email)	Phone:
Service details:	
A) Service No	
D) Service No.	(E) Navy / RAAF / Army (F) Other
· ·	Partner if you and your partner have both served in the Australian Defence Force.
MEMBERSHIPS - Rei	
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Partner's Details	each (\$60 total): Please complete partner's details on next line if required. Given Names:
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